

# Suicide Facts



80% of teens who die by suicide **show warning signs**



90% of teens who die by suicide **have a mental health condition**



Suicide is the **2nd leading cause of death** in people ages 10-34

**Suicide can be prevented.**

Learn the warning signs and reach out and help those with suicidal thoughts and feelings.

**National Suicide Prevention Lifeline**  
**800-273-8255**



**NEW DIRECTIONS<sup>®</sup>**  
**[ndbh.com/suicide](http://ndbh.com/suicide)**

Sources: NAMI, Lifespan, CDC